

We facilitate honest dialogue to resolve conflict and advance racial and social justice.

### **Equity-Informed Conflict Resolution in the Workplace** Oct 26, 2018

In this practical and interactive training, you will gain tools to have hard conversations, say what you need to say, and listen with your whole self. Using an interpersonal conflict specific to each participant, we will explore tools and analysis.

### **Institutional Equity II: Leading change, shifting systems** Nov 2, 2018

In Institutional Equity I, we explore institutional equity and how your organization's values and practices drive your outcomes. In Session II, we jump into analyzing the qualities that tend to be rewarded in the workplace, what outcomes are created, and concrete shifts your organization can make right now.

### **Youth Mental Health First Aid** Nov 6, 2018

Youth Mental Health First Aid is help offered to a young person experiencing a mental health challenge, mental disorder, or mental health crisis. First aid is given until appropriate help is received or the crisis resolves. Gabriele Ross, one of our Restorative Justice Trainers, is certified in teaching the basic 8-hour "Mental Health First Aid for Adults Assisting Young People" course. This training is for educators and others who are in contact with youth.

### **Artful Facilitation Coffee Collaborative** Nov 13, 2018 (monthly)

What facilitation challenges are you currently facing? Do you have a recent facilitation project you want to debrief? Are you looking for design suggestions for an upcoming event? Are you struggling to decenter whiteness in mainstream meeting culture? Join other fabulous facilitators, RNW volunteers and staff for coffee, community building and collaboration. **Prerequisite:** The coffee collaborative is free and open to all who have previously attended an RNW facilitation training (3-day Artful Facilitation or 2-day Dialogue Facilitation) or participated in a volunteer cohort.

### **Trauma, Resiliency and Restorative Justice** Nov 27, 2018

In this workshop we will examine various types of trauma and its manifestations. We will look at brain science and self-regulation as it relates to trauma. We will discuss historical and systemic trauma as a way to reframe an exclusively individual orientation. Rather than focusing on deficits, we will pay particular attention to protective factors and resiliency, including culturally specific ways of healing. Opportunities to practice restorative justice as a trauma informed practice will be offered throughout the day.

### **Restorative Justice for Organizations** Nov 29, 2018

Restorative practices are not just for schools and the justice system, they can also be used for addressing conflict in the workplace. This workshop will explore how restorative practices have the potential to dismantle oppressive systems and create more equitable organizational outcomes.

### **Interrupting Racism Actionshop** Dec 12, 2018

Imagine a world where, when racism arises, we take action. Racism is all around us. It lives in the DNA of every system and institution in the United States, and here in Portland. This Actionshop is focused on interpersonal racism, within the context of systemic and institutional oppression. We will explore the way racism arises in our everyday interactions, and offer tools and practice for interrupting racism.